



# So what is Salt Room Therapy?

Salt Room Therapy or Halotherapy is the inhalation of medical grade micronized dry salt within a chamber that mimics a salt cave environment.

Historic records indicate that humans have long been using natural salt caves and mineral baths as places of healing and rejuvenation. In modern times, science has shown the health benefits of feeding your body pure and natural ingredients. Salt is known to have a vital biochemical role in our bodies for energy and cellular health.

Our Himalayan Salt Rock Crystal Bricks are 250 million years old! What most people don't realize is that ancient sea salt is laden with minerals, including magnesium, calcium, sodium, and potassium, all of which play a key role in our body's health, function, and cellular communication. Composition of Himalayan salt is much like the composition of our own bodies in essence.

Make an appointment today to meet with our design specialist!

## Future Product Offering:

RejuveLight will also offers salt cabins, booths, and Floating Epsom Salt Pods. Our floating pods are being designed with light therapy to enhance healing signatures of light, salt, and zero gravity to reduce stress and strain on joints.

We will also be putting together a full line of At Home Products ranging from edible gourmet salts... cooking blocks... essential body scrubs... to salt rock essential oil diffusers and lamps...